

**ProCare Physical Therapy and Hand Center, L.L.C.**  
**Medical History Questionnaire**

The purpose of this questionnaire is to determine if you might have a medical condition that could effect your treatment here. This information is confidential. Under certain circumstances, we may need to obtain your physician's opinion to determine if you qualify for a particular course of therapy. **PLEASE take the time to fill this out completely.**

Patient Name: \_\_\_\_\_ D.O.B.: \_\_\_\_/\_\_\_\_/\_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_  
 Emergency Contact Phone #: \_\_\_\_\_ Alternate Phone #: \_\_\_\_\_  
 Who referred you to Therapy? \_\_\_\_\_  
 Who is your Primary Care Physician? \_\_\_\_\_  
 Please Rate your general health status: (circle one) **Excellent Good Fair Poor**  
 Current Living Situation (how much assistance do you have at home? Stairs? etc... )

Please describe the problem for which you are here: \_\_\_\_\_

When did the problem(s) begin? \_\_\_\_/\_\_\_\_/\_\_\_\_\_. Is it related to a specific injury? **Y / N**  
 Is it: (circle one) **Improving Getting Worse Staying the Same**  
 Please describe your pain: (circle one) **Sharp Dull Achy Tingling / Constant Periodic**

Is there anything that relieves your symptoms? If so, what? \_\_\_\_\_

Have you had this problem before? **Y / N** If so, did the problem get better? **Y / N**

How long did the problem last? \_\_\_\_\_

Please list any test(s) performed relating to this problem, and the dates of the test(s):

Please list any medications you are currently taking: \_\_\_\_\_

Using the scale 0=no pain & 10=Emergency Room pain, please mark your current pain level:

0-----10

What type of exercise activities do you participate in, and how often? \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Smoker: **Y / N**

Is there any chance that you are pregnant? (circle one) **Y / N**

Do you have a history of:

|                     | Yes | No |            | Yes | No |                       | Yes | No |
|---------------------|-----|----|------------|-----|----|-----------------------|-----|----|
| High Blood Pressure |     |    | Depression |     |    | Dizziness             |     |    |
| Heart condition     |     |    | Seizures   |     |    | Respiratory Disorders |     |    |
| Stroke              |     |    | Cancer     |     |    | Metal implants        |     |    |
| Diabetes            |     |    | Falls      |     |    | Lyme Disease          |     |    |
| Other               |     |    |            |     |    |                       |     |    |

**Patient / Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Therapist Reviewed:** \_\_\_\_\_ **Date:** \_\_\_\_\_